

ANESTHESIA

Here you can find:

General description

- ✓ **VIDEOS:** <https://myoms.org/>
- ✓ **FAQ: Frequently Asked Questions**
- ✓ **Preoperative Instructions: ENGLISH**
- ✓ **Preoperative Instructions: SPANISH**

GENERAL DESCRIPTION

Dr. Heffez is board certified by American Board of Oral and Maxillofacial Surgeons, American Society of Dental Anesthesia and is a Fellow of the Royal College of Dentists of Canada. The Illinois Society of Oral Maxillofacial Surgeons have performed Office Anesthesia Evaluations of each office where Dr. Heffez administers anesthesia. Dr. Heffez maintains Basic and Advanced Life Support Training. Dr. Heffez's philosophy is to administer safely anesthesia without placing the patient at risk. The purpose of the intravenous component of anesthesia is to remove the anxiety and annoying stimuli that can make the procedure uncomfortable. The beauty is that the procedure may be performed without you being aware.

- ✓ **FAQ: ANESTHESIA**

Why do I need not to eat or drink anything after midnight?

We want your stomach to be empty before surgery. If you vomit while under anesthesia, the vomit can enter your lungs (Aspiration pneumonia). This can have very serious consequences. **ABSOLUTELY DO NOT EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE THE SURGERY.** When you are nervous gastric emptying time can be delayed up to 24 hours. That means you can have food still in your stomach after 24 hours. Anesthesiologists choose an average gastric emptying time and so ask you not to eat after midnight **REGARDLESS** of the time of your surgery.

Can I have a taxi take me home after surgery?

No. You must have a responsible adult take you home to be safe.

Do I stop my regular medications I take?

CHECK with Dr. Heffez about each of your medications. In the case of blood pressure medications, you should take these as usual.

- ✓ **Preoperative Instructions: ENGLISH**

YOU HAVE CHOSEN

NITROUS OXIDE (LAUGHING GAS)

I.V. SEDATION OR GENERAL ANESTHESIA

1. **You may not eat or drink ANYTHING after midnight the night before your scheduled surgery. This includes water, breath mints, chewing gum, etc..
Exception: You may take prescribed medication if instructed by your doctor with no more than one inch of water.**
2. Do not smoke for at least 24 hours prior to your appointment.
3. Wear loose fitting and comfortable clothing.
4. **You must be accompanied by a responsible adult over the age of 18 to escort you home. They must stay in the waiting area during your surgery. They may not drop you off and pick you up later. In this case, your surgery will be canceled. We prefer that you travel home by car. You will be too sleepy from the anesthesia to safely ride the bus or train. You cannot take a cab/taxi home.**
5. Leave all valuables and jewelry at home.
6. Contact lenses should not be worn. If you wear dentures, partials, or any type of removable appliance, they must be removed prior to your surgery.
7. Do not wear fingernail polish on your index finger of one hand on the day of surgery.
8. If you have forgotten to tell us about any serious illness that you have had, please inform us. If you have a cold, flu, or symptoms of any other of illness, please inform us as soon as possible, as a change of appointment may be necessary.
9. If you are under 18 years of age, you must be accompanied by a parent or legal guardian.
10. Be sure to visit the restroom one-half hour prior to your surgery.
11. If you are unable to keep your appointment, please notify us as soon as possible. Arrangements will be made to re-schedule.

BEFORE YOUR SURGERY:

The doctor will explain the surgery and potential risks involved, as well as the medications you will be receiving and how they will make you feel. If you have any questions, be sure to ask the doctor. You will then be given a consent form to sign, giving the doctor permission to perform the surgery.

AFTER YOUR SURGERY:

You will be escorted to the recovery room where a dental assistant will take care of you and answer any questions that you may have. The person that accompanied you will sit with you while you recover. When you are more awake and alert, the dental assistant will give you written and verbal post-operative instructions. Any necessary prescriptions will also be given to you at that time. When you are fully awake, the dental assistant will discharge you from the recovery room. After leaving, you may not, under any circumstances, drive an automobile or operate any heavy machinery for 24 hours after surgery.

If you have any questions regarding any of this information, please call the office.

✓ **Preoperative Instructions: SPANISH**

INSTRUCCIONES DEL PACIENTE ANTES DE LA ADMINISTRACIÓN DE SUERO O ANESTESIA GENERAL

1. **Usted no puede comer o beber nada después de la media noche la noche antes de la prevista cirugía. Esto incluye agua, pastillas de mente, goma de mascar, etc... Excepción: Ud. Puede tomar medicamento recetada si es ordenado por su médico con no más de una pulgada de agua.**
2. No fume por lo menos 24 horas antes de su cita.
3. Use ropa apropiadamente floja y cómoda.
4. Ud. debe ser acompañado por un adulto responsable mayor de 18 años de edad para que lo acompañe a su casa. Ellos deben esperar en la sala de espera durante su cirugía. Ellos no pueden dejarlo y después recogerlo. En este caso, su cirugía será cancelada. Nosotros preferimos que viaje a casa por medio de automóvil. Ud. tendrá mucho sueño como consecuencia de la anestecia para viajar en automóvil o tren o taxi con toda seguridad.
5. Deje todo de valor y joyas en casa.
6. Lentes de contacto no deben ser usados. Si usted usa dentadura, parciales o cualquier tipo de dispositivo que se pueda quitar, se deben quitar antes de su cirugía.
7. No use esmalte de uñas en el día de la cirugía.
8. Si se le ha olvidado decirnos sobre alguna enfermedad seria que haya tenido, por favor informenos. Si tiene un resfriado, gripe o sintomas de cualquier otra enfermedad, informenos lo antes posible, un cambio de cita podría ser necesario.

9. Si tiene menos de 18 años de edad, usted debe ser acompañado por su mamá, papá o guardián legal.
10. Asegúrese de visitar el baño media hora antes de su cita.
11. Si le es imposible mantener su cita, por favor avisenos lo antes posible. Se harán los arreglos necesarios para hacer otra cita

Si usted se retrasa 15 minutos de su cita, la persona que le siga sera llamada. Su cirugia sera programada para más tarde del mismo día.

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ANTES DE SU CIRUGÍA:

El médico le explicará la cirugía y riesgos posibles que puede haber. También el médico le explicará sobre los medicamentos que usted recibirá y como le harán sentir. Si usted tiene algunas preguntas, asegúrese que se las haga a su médico. Entonces, se le dará un formulario de consultamiento para que firme, dándole permiso al médico de realizar la cirugía.

DESPUÉS DE SU CIRUGÍA

Ud. será acompañado a la sala de recuperación donde estará una ayudante de dentista que lo/a cuidará y contestará a cualquier pregunta que usted tenga. La persona que lo acompañó estará con usted mientras usted se recupera. Cuando usted esté más despierto y alerta, la ayudante de dentista le dará instrucciones verbales y escritas que debe seguir después de la cirugía. Cualquier receta médica necesaria se le dará en ese momento. Cuando usted esté totalmente despierto/a, la ayudante de dentista lo dejará irse a casa. Después de irse de la clínica, usted no puede, bajo ninguna circunstancia, conducir un automóvil u operar ninguna maquinaria pesada por 24 horas después de la cirugía.

Si tiene alguna pregunta sobre alguna de esta información, por favor llame a la oficina.